

Guidelines for Holding GLP-1 and SGLT2i Medications Pre-op

For patients on daily dosing, hold GLP-1 medication for **five (5) days** prior to the day of the procedure/surgery.

For patients on weekly dosing, hold GLP-1 agonists **a week** prior to the procedure /surgery.

Examples of some GLP-1 Medications

Liraglutide (Saxenda) - daily dosing

Liraglutide (Victoza) - daily dosing

Exenatide (Bydureon, BCise) - weekly dosing

Dulaglutide (Trulicity) - weekly dosing

Semaglutide (Ozempic, Wegovy) - weekly dosing

Tirzepatide (Mounjaro) - weekly dosing

For patients taking SGLT2i medications, hold the dose **72 hours** prior to the procedure/surgery.

Example of some SGLT-2i Medications

Empagliflozin (Jardiance)

Dapagliflozin (Farxiga)

Canagliflozin (Invokana)

Ertugliflozin (Steglatro)

Dietary Restrictions:

All patients on these medications may have only **clear liquids** the day before surgery, and then nothing to eat or drink (NPO) after midnight until surgery.

- For example, if the procedure is scheduled on a Tuesday- clears after midnight on Sunday through Monday. NPO after midnight on Monday until procedure on Tuesday

A stomach ultrasound may be performed pre-op to determine if there is still food or a large volume of liquid present.